

One World

One Home

One Heart

Word Heart Day 29 September 2011; initiative supported by Zulekha hospitals

On the occasion of world Heart Day Zulekha Hospitals take step towards cardiac well being by organizing Heart Care Camp from 26th to 29th September 2011 between 7 pm and 9 pm. call on the given numbers and register at any of our hospitals to check BMI, blood sugar and cholesterol absolutely free to ensure that you are hale and hearty. There will be free diet consultation also. The initiative by Zulekha Hospitals is part of World Heart Day which is commemorated every year on September 29.

Call for registration - 600 565 8867 (SHJ)/ 04 261 3004(DXB)

Cardiovascular diseases are the world's largest killers, claiming 17.3 million lives a year. Risk factors for heart disease and stroke include raised blood pressure, cholesterol and glucose levels, smoking, inadequate intake of fruit and vegetables, overweight, obesity and physical inactivity. This excessive number of deaths is particularly saddening, since through steps such as eating a healthy diet, regular physical activity and avoiding tobacco, the majority of these deaths could be prevented.



The poster features a large, light blue 'one' graphic in the center. Inside the 'o' is a globe with the text 'One World' below it. Inside the '1' is a house with the text 'One Home' below it. Inside the 'e' is a red heart with the text 'One Heart' below it. Above the 'one' is the text 'Make' and below it is 'trip for your heart'. At the top left is the 'WORLD HEART DAY' logo. At the top right is the text 'One World One Home One Heart' and 'Initiative supported by Zulekha Hospital'. At the bottom is the text 'Call 06 565 8867 (SHJ)/04 261 3004 (DXB) to Register for Free Blood Sugar & Cholesterol Test'.

WORLD HEART DAY | One World One Home One Heart | Initiative supported by Zulekha Hospital

Make
one
trip for your heart

One World One Home One Heart

Call 06 565 8867 (SHJ)/04 261 3004 (DXB)
to Register for Free Blood Sugar & Cholesterol Test

In partnership with WHO, the World Heart Federation organizes awareness events in more than 100 countries - including health checks, organized walks, runs and fitness sessions, public talks, stage shows, scientific forums, exhibitions, concerts, carnivals and sports tournaments.