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Case discussed at Joint Meeting





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Intact Sacral Spine



Cystic Lesion at the Sacral Rump



Extension into the perineum internally





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Intra-abdominal extension



Displacement of the left kidney





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Sacral lesion plus the left sided multiseptated lesion



No pick up on Colour Doppler



Mass at the left chest wall



Mass at the left chest wall





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Mass at the left chest wall





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Mass at the left chest wall



At the Lumbar / flank region





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At the left groin





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Gluteal region





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Left fetal thigh





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- The above pictures show an extensive multi-septate cystic lesion seen extending from the chest wall on the left side down to the left fetal thigh.(Primigravida at 32 weeks)
- There was a similar lesion seen behind the fetal sacrum and this was seen to be extending into the fetal perineum and abdomen ; displacing the left kidney.



DIFFERENTIAL DIAGNOSIS

1. Lymphangioma (cystic hygroma)
2. Sacrococcygeal teratoma (SC teratoma will show calcifications at times) with a cystic hygroma and possibility of haemangioma

Requires follow up scans for

- a) further growth of the lesion and extension into internal organs (especially thoracic extension)
 - b) high cardiac output failure (SC teratoma) and
 - c) Non-immune hydrops
 - d) Possibility of Turner's syndrome : look for any other anomalies particular to Turner's .
- 3 D USG / MRI and Amniotic alpha-fetoprotein
(SC teratoma)

Counseling for parents

1. Bad prognosis due to it's extensiveness
2. Will require a caesarean section
3. NICU care

Post Natal Management (Counseling)

Basic investigations and stabilization

- 1) Alpha fetoprotein and beta HCG
(malignant change in SC Teratoma)
- 2) Ultrasound scans of all intra-abdominal organs
and X-ray abdomen and chest

If the skin lesion is ulcerated / infected will require protection with a dressing and antibiotics



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- A) High risk surgical consent
- B) Major surgery lasting approximately 6 hours or so.
- C) External Dissection may lead to haemorrhagic complications - high vascularity





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D) Internal dissection : - start with an abdominal incision

- close proximity to blood vessels
- close proximity to bowel and bladder
- may well require intra-op blood transfusion
- complications: - bleeding, infection, Bowel and bladder incontinence
- A drain will have to be kept both at the internal and external dissection sites





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- Chance of recurrence - close follow up required.
- First visit - after 3 months and then for 2 years post - surgery
- Alphafeto-protein and internal USG will be needed to be done at follow up

