

We bring care to  
your holiday experience.



Call: 600 52 4442 for appointments and enquiries at our hospitals in Sharjah & Dubai

DUBAI: P. O. Box 48577, Al Nahda, U.A.E. Fax: 04 267 8855. SHARJAH: P. O. Box 457, Al Nasserya, U.A.E. Fax: 06 565 6699

email: [info@zulekhahospitals.com](mailto:info@zulekhahospitals.com) • [www.zulekhahospitals.com](http://www.zulekhahospitals.com) [f/zulekhahospitals](https://www.facebook.com/zulekhahospitals) [t/zulekhahospitals](https://twitter.com/zulekhahospitals) [in/zulekhahospital](https://www.linkedin.com/company/zulekhahospital) [ig/zulekhahospitals](https://www.instagram.com/zulekhahospitals)





United Arab Emirates,  
the nation that continues to realise dreams.



**United Arab Emirates (U.A.E)** is a country on the west coast of the Persian Gulf consisting of seven Emirates - Abu Dhabi,

Dubai, Sharjah, Ajman, Umm Al-Quwain, Ras Al-Khaimah and Fujairah. The United Arab Emirates is situated on a peninsula in the Arabian Gulf and was formed in 1971.

This fast developing coastal nation is bordered by Oman to the east and Saudi Arabia to the west and south. Iran is the closest country to it from the north.

Destinations that tell stories of  
commitment and dedication to provide a better life.



**DUBAI:** This is the most vibrant Emirate of UAE and summarises the ambitious attitude of UAE. Dubai's cosmopolitan flavor is matched by the city's many restaurants and entertainment venues, which provide a truly international array of choices for the visitor. Dubai has a year-round sunny climate with rain as a very rare occurrence, happening only a few times a year. Dubai is also famously known for its Shopping Experience.

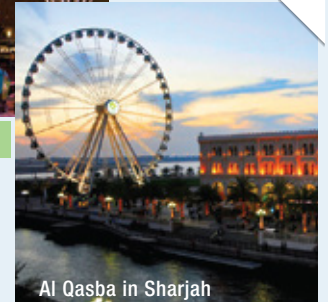
**SHARJAH:** This Emirate is the cultural capital of UAE and has some of the most intriguing traditional architecture in the country. Archeological museums, numerous traditional buildings, natural history museums and souks form the heart of this glorious Emirate that can rival any destination to buy handicrafts from Iran, Pakistan and Afghanistan. Sharjah is also popularly known for its glorious past and promising future.



The Coin bldg. in Abu Dhabi



Al Majas in Sharjah



Al Qasba in Sharjah

# Zulekha Healthcare Group

The legacy of 52 years providing compassionate care.



Zulekha Healthcare Group is the first in UAE to have both its multispeciality hospitals certified by Joint Commission International of USA for excellent medical care standards.

Zulekha Hospitals has dedicated Centers of Excellence for several key specialities and super-specialities. They are unique and state-of-the-art facilities spread across several of the Zulekha hospital location and each Centre of Excellence stands out as a citadel of excellence.

Having its facilities in Dubai and Sharjah, patients from as far as the United States and Europe other than the neighboring region visit both our facilities for super-specialised treatments like High-risk Cardiac Care, Total Knee / Hip Replacement

Surgery, Gynaecology Laparoscopic surgery, Weight Loss Treatment, Paediatric Surgeries, Medical and Surgical Oncology and LASIK.

The laboratories are accredited by College of American Pathologists (CAP standard). The Group is also a recipient of the prestigious Dubai Quality Award for customer service and care.



# Centers of Excellence

## Orthopaedics, Joint Replacement Surgery & Arthroscopy



### Areas of Excellence:

- Joint Replacement Surgery
  - Knee
  - Hip
  - Shoulder
  - Elbow
- Minimal Invasive Surgery  
(Arthroscopic Surgery of Knee and Shoulder; Wrist and Elbow)
- Soft Tissue Surgery and Joint Preservation
- Sports Medicine
- Limb Lengthening and Deformity Correction
- Paediatric Orthopaedic Surgery
- Spinal Instrumentation and Surgery
- Physiotherapy
- Cartilage Restoration Procedures



## Centers of Excellence Cardiac Care and Interventional Cardiology



### Non-Invasive Cardiology

- 24-hour Holter monitor
- 2D Echocardiogram
- Transesophageal Echocardiogram
- Exercise / Dobutamine Stress Echocardiogram
- Exercise Stress Test
- CT-Angiogram

### Invasive Cardiology

- Cardiac Catheterization
- Coronary Intervention
- Peripheral Angiogram and Interventions: Carotid, Renal, Celiac, Mesenteric and Extremities
- Permanent Pacemaker Placement
- AICD/ CRT Placement
- ASD/ PFO Closure

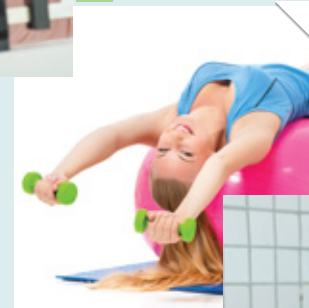
# Centers of Excellence

## Laparoscopy & Weight Loss Surgery



**START YOUR  
FIGHT AGAINST  
OBESITY  
RIGHT AWAY!**

**FLY TO DUBAI  
FOR A SLIM YOU.**



### Areas of Excellence:

- Laparoscopic Sleeve Gastrectomy, Bypass Weight Loss Surgery and Gastric Ballooning
- Laparoscopic Colonic Surgery for Benign and Cancer disease
- Laparoscopic Anterior Resection for Cancer Rectum
- Laparoscopic Surgery for Ovarian Cancer
- Laparoscopic Surgery for Gallstones and Common Bile Duct Bypass
- Laparoscopic Appendectomy, Hiatus Hernia, Gastrectomy, Repair for Prolapsed Rectum, Hepatic Tumors and Ovarian Cystectomy
- Laparoscopic Hysterectomy and Fibroid removal



## Centers of Excellence

### Paediatric Orthopaedics & Paediatric Surgery



The Paediatric Package is a specialised service which provides surgical and non-surgical treatment for conditions affecting children. Our expert team of Paediatric Orthopaedicians, surgeons, therapists and nurses specialise in treating babies and children with congenital, developmental and acquired musculoskeletal conditions.

We also provide extensive out-patient and rehabilitation services for children with congenital and developmental musculoskeletal conditions supported by specialised Neonatal & Paediatric ICU.

### Areas of Excellence

- Congenital Diseases of Intestine
- Cysts and Sinuses
- General Paediatric Surgery
- New Born Surgeries
- Paediatric Oncology
- Paediatric Urology
- Paediatric Orthopaedics
- Paediatric Endocrinology

# Oncology Services

## Cancer Care Unit, Zulekha Hospital, Dubai



Zulekha Healthcare Group will soon be launching its state-of-the-art cancer care facility in Dubai. The upcoming facility aims at significantly improving cancer diagnosis and treatment in the UAE.

The new building will house an advanced oncology unit with over 100 inpatient rooms, 8 bed IC unit for critical care, modern dialysis service, sleep lab and ample parking space.

With innovative strategies in place, the new cancer care unit will be equipped with Nuclear Medicine, PET-CT, Radiation Oncology with Linear Accelerator & Brachytherapy and Medical Oncology Services.

### **Oncology Services:**

#### **Medical Oncology:**

- Early screening and treatment of Breast Cancer
- Diagnosis and treatment of GIT Malignancy; Genitourinary Tract Cancer
- Diagnosis and treatment of Haematological Cancer
- Chemotherapy

#### **Surgical Oncology:**

- Breast Cancer Procedures (Radical & Conservative Surgeries)
- Thyroid and Neck Surgery procedure
- Gynecologic Procedures
- Gastric and Colorectal Cancer Procedures (Curative and Palliative Procedures)
- Soft Tissue Tumors & Melanoma
- Onco & Plastic Skin Procedures (including Plastic Flaps and Reconstructive Surgeries, Abdominoplasty)



## Holiday Dialysis



Zulekha Hospital provides dialysis in a holiday-like setting. Eventually, your dream vacation in Dubai with our high standard of medical services - can easily come true without bothering about dialysis care; with added warmth of hospitality.

Our Quality service and treatment are key drivers to deliver and abide to international standards; as a result Zulekha Hospital is awarded with the Joint Commission International award.

**Nephrology and Dialysis unit at Zulekha Hospital:** The Unit has the latest B.Braun Dialog +Adimea dialysis machine program of Hemodialysis for acute and chronic renal failure patients.

Performance of Vascular access in form of insertion of Double Lumen Catheters, creation of A.V. Fistula Peritoneal Dialysis and Renal Biopsy is being practiced here with one to one nursing care.

**Services Offered:** Hemodialysis for acute and Chronic Renal failure Renal Biopsy Creatine/Vascular access in form of Double Lumen. Zulekha Hospital has the pleasure to serve you

seven days a week throughout the year.

Through the wide variety of dialysis intervals, you can choose your dialysis session at your convenience based on your holiday schedule.

As soon as you arrive at our hospital, you will receive a warm welcome by our staff, who will render you guidance and advice you at every step of your procedure. While treated at the dialysis unit, you may select whether to enjoy watching TV, listening to music while reading, or even browsing the internet using our free ADSL/Wi-Fi services.

Beyond clinical treatment,  
we also take care of your travel, stay and return.



#### Ten Easy Steps to experience international quality care

**1. Get in touch** - Contact Zulekha Hospital International Patient Desk by **Email:** [marketing@zulekhahospitals.com](mailto:marketing@zulekhahospitals.com)  
**Mobile:** +971 50 8789 369, +971 50 4975317 and +971 50 5391920 **Phone:** +971 4 2175749 or our International representatives in your country.

**2. Send us your medical history** - In order to provide you the best treatment in our facility, we encourage you to send us the results of your latest tests, i.e. Angiography, Echocardiogram, MRI, CT Scans or other documents, for further review and evaluation.

#### 3. Online consultation: Tailor making your treatment -

Our doctors start on assessing your medical history and your existing condition and they will discuss the various procedures and the best treatment for you • New surgical, minimal invasive techniques, ensuring a reduced hospital stay and the recovery • Regional or general anaesthesia and the lowest infection rates at our hospital • Advanced medicines that ensure the relief of pain and maximize ability of patients to enjoy an active life • Physical therapy programs for your speedy recovery • Making your flight back home pain free and comfortable.

Choose us as your preferred health care destination. You can email, telephone or fax your medical requirements to us and we will reply with all the required details and travel advice. Drop us a line and our Care Officers will contact you.

# International Patient care



**4. Arrange your trip** - You can start to arrange your flight tickets. VISA to UAE will be provided by Zulekha Hospital or through our Trusted Airline Partner on submission of your passport copy and recent passport size photograph.

**5. Arrival** - On arrival at Dubai Airport, our Zulekha Hospital representative (English speaking) will meet you at the Airport and transfer you to the Hospital.

**6. Pre-op / Procedure check up** - Your basic examination will be conducted the next morning (general examination, laboratory test, etc.)

**7. Procedure** - You will undergo the required treatment plan with a team of specialist Doctors.

**8. Post Op** - After treatment, you shall stay at the chosen accommodation for prescribed days of stay in the hospital with one attendant (on choice).

**9. Leave to your country**

**10. Medical follow up**

**11. Translator : Medical translator facility is available**

Translators/Interpreters available for Amharic, Arabic, Baluchi, Bengali, Chinese, Faarsi, French, Gujarati, Hindi, Italian, Kannada, Konkani, Malaysian, Malayalam, Marathi, Nepali, Tagalog, Punjabi, Pushto, Roman, Russian, Sinhalese, Spanish, Tamil, Telugu, Tulu and Urdu.

# Zulekha Healthcare Group

## World-class healthcare facilities in the UAE



### Support Services

- Rehabilitation & Physiotherapy
- Radiology
- Laboratory
- Pharmacy

The evolution of Zulekha Hospital from a 30-Bed facility to a 32 department multi-speciality healthcare landmark is a definite sign of progressive implementation.

Every world-class health care facility measures growth by the number of facilities offered to the community and Zulekha Healthcare Group can take pride in all modern facilities available today. Additional to this, multiple disciplinary specializations are now being converted into super-specialisation departments. The global vision of Zulekha Healthcare Group is based on these critical departments as we strive to serve you better.

### Medical Specialities

- Accident & Emergency • Anaesthesiology & Intensive Care
- Cardiology & Interventional Cardiology • Dentistry
- Dermatology and Cosmetology • Endocrinology • Gastroenterology
- General Surgery • Internal Medicine • Minimal Invasive Surgery
- Neuro Surgery • Nephrology and Dialysis • Obstetrics & Gynaecology
- Oncology • Ophthalmology • Orthopaedics • Otolaryngology (ENT)
- Paediatrics, Paediatric Surgery and Neonatology
- Psychiatry and Clinical Psychology • Pulmonology
- Rheumatology • Thoracic Surgery • Urology • Weight Loss Surgery



Reception Area



Elevator Lounge



Patient Waiting Area



VIP Suite



Normal Suite



NICU



Coffee & Cake Cafe



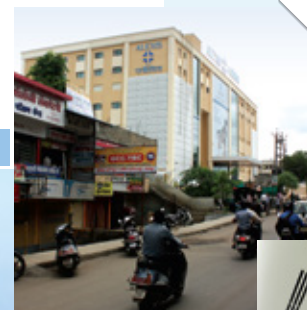
Operation Theatre



LASIK Operation Theatre

# Our International Subsidiary

## Alexis Hospital in Nagpur, India



### Clinical Services:

- Cardiology & Cardiothoracic Surgery
- Nephrology
- Endocrinology
- Gastroenterology
- General Surgery
- Bariatric Surgery
- Plastic Surgery
- Sleep Lab
- Neurology & Neuro-surgery
- Dialysis
- Oncology and Radiotherapy Unit
- Dermatology & Cosmetology
- Paediatrics, Paediatric Surgery and Neonatology
- ENT, Head and Neck Surgery
- Physiotherapy and Rehabilitation
- Urology
- Gynaecology & Obstetrics
- Dental & Oral Surgery
- Orthopaedics & Sports Medicine
- Rheumatology
- IVF

### Alexis Multispeciality Hospital Private Limited

Survey No. 232, Mankapur  
Koradi Road  
Nagpur - 440030  
Maharashtra, India.  
Tel : 0712 - 7120 000  
E-mail : [info@alexishospital.com](mailto:info@alexishospital.com)



## Nagpur, Maharashtra

### The Orange City of India



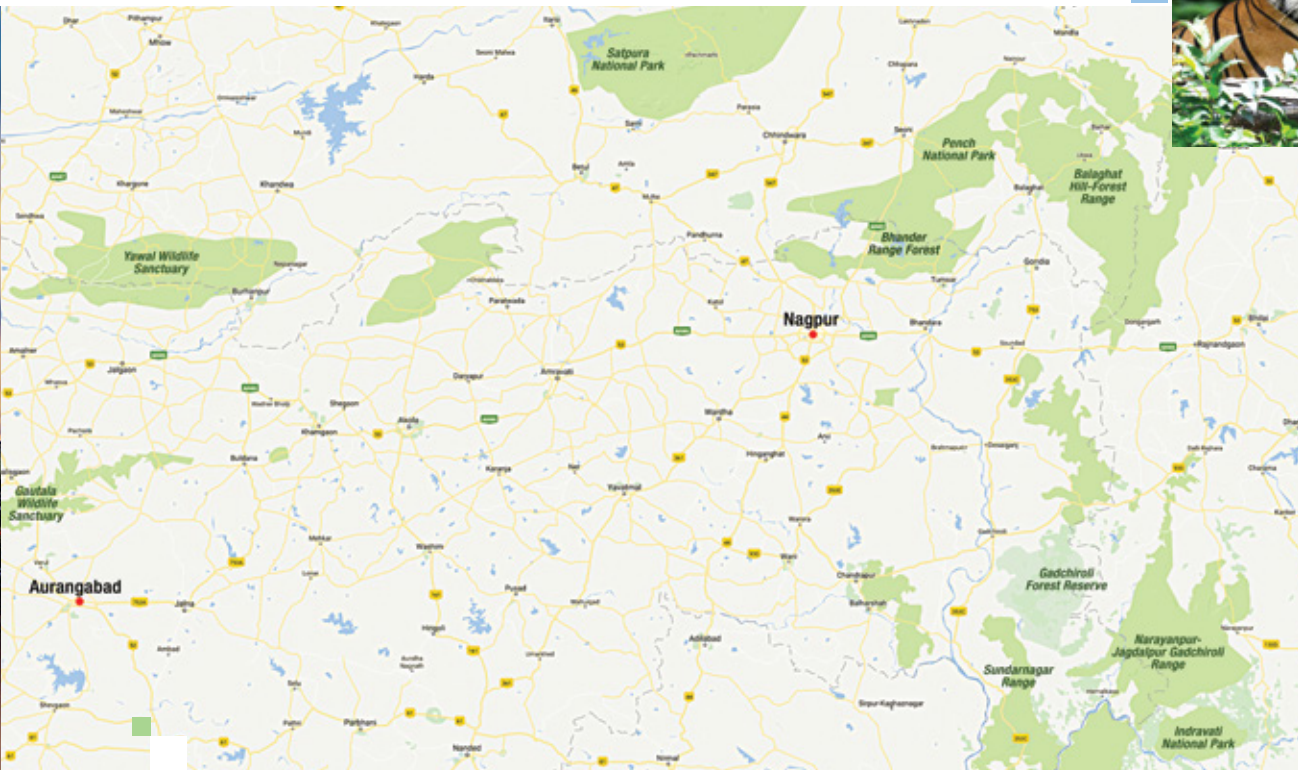
Gandhi Sagar Lake, Nagpur

Nagpur is the winter capital and the third largest city of the Indian state of Maharashtra and the largest city of central India. Nagpur is located in the centre of the country with the Zero Mile marker indicating the geographical centre of India. The city is renowned for being a major trade centre of oranges cultivated in the region thus giving the name Orange City of India. The common spoken languages are English, Hindi and Marathi. The typical Vidarbha region's language is termed as 'Varhadi'.

### Roadmap to Medical Tourism

The biggest medical hub in Central India, Nagpur is on the map of health tourism owing to the availability of cost-effective yet state-of-the-art medical treatment options. Many international patients visit the city for its easy connectivity with major metro cities within India and internationally. Nagpur has an International Airport connected to many countries via Qatar Airways (Doha) as well as Air Arabia (Sharjah).

# Nagpur Tourism



The city has the biggest medical hub of central India, catering to patients from around 500 km adjoining areas i.e. 5 million population. It also has national level educational and medical institutes.

## Tourist spots and Wildlife Sanctuaries around Nagpur

- Dikshabhoomi Stupa - 0kms
- Bhandar Range Forest - 90kms
- Pench National Park - 167kms
- Gadchiroli Forest Reserve - 180kms
- Dongargadh Khaara Reserve Forest - 210kms
- Satpura National Park - 266kms
- Sundarnagar Range - 280kms
- Yawal Wildlife Sanctuary - 456kms
- Indravati National Park - 472kms
- Ajanta & Ellora Caves - 480kms
- Bibi Ka Maqbara - 480kms
- Goutala Wildlife - 490kms

Zulekha Hospital, Dubai



Cancer Care Unit, Zulekha Hospital, Dubai



Zulekha Hospital, Sharjah



Alexis Hospital, Nagpur, India

