

# Zulekha Spirit



The Voice of Zulekha Healthcare Group

January to June 2017 | Volume XVI



**GIVE NO  
MORE EXCUSES**

A social campaign initiated by Zulekha Hospital to spread awareness about maintaining good health.

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# FROM EDITORIAL DESK

It gives us immense pleasure and pride to share our business updates from both UAE and India facilities in this edition of our semiannual newsletter. The first six months of this year have been eventful with strategic meetings, launch of our first radiation therapy center in India, introduction of new services for our patrons, accolades and recognition for our brand, services and our people. We are seen as one among the best healthcare groups in UAE. We have extended this wave of triumph to India with Alexis Multispeciality Hospital's growing success and aspire to be the best in India as well. Patrons experiencing our international quality services are spreading the word of praise. Let's ensure every experience we deliver at every touch point is one to cherish. Flip through the pages to know more of our happenings at Zulekha Healthcare Group!

6 We've been harbingers of compassionate care and going beyond our commitment of providing affordable and easily accessible medical services to communities, we have successfully launched initiatives demonstrating our empathy for our communities. Zulekha Hospital launched No More Excuses and Free Second Opinion among other community initiatives, that have impacted thousands of lives by ringing an alarm on the most essential requisites of life, a routine health check and reassurance. Through preventive healthcare we educate you and your families to manage your health better and understand the changes a human body may undergo in different stages of life. We must keep track and take care, for having been given the privilege of leading a healthy life. Your Health Matters!



**Mrs. Zanubia Shams – Co-Chairperson**  
Zulekha Healthcare Group



# NO MORE EXCUSES

## TIME TO BEAT PROCRASTINATION

The biggest hurdle to leading a healthy life is not disease or ailments. It is those lame excuses we come up with that directly affects our health. Be it skipping breakfast, daily exercise, routine health check or even taking time off from stressful day to smile a little. Zulekha Hospital under the patronage of Dubai Sports Council initiated 'No More Excuses', a social campaign to spread awareness about maintaining good health in the community. This campaign was launched at the beginning of the year 2017; in line with Dubai Government's 2017 'Year of Giving', Zulekha Hospital steered this health awareness through free health checkups and outdoor activities for the local community.



### PROVE LAZINESS WRONG

Did you know lethargy is directly connected to health ailments like heart disease and obesity? As part of UAE National Sports Day, Zulekha Hospital conducted an elaborate sports event in February 2017. It was also the first 'No More Excuses' campaign event which had various sports like football, basketball, volleyball and even a fun mile walkathon. With more than 100 participants at the day of the event, the community showed how to prove laziness wrong and promoted healthy living.



### OVERCOME UNHEALTHY CRAVINGS

Did you know the urge to overeat can be countered with breathing exercise? In an endeavor to compliment a healthier and happier lifestyle, Zulekha Hospital conducted its second 'No More Excuses' campaign event, an extravagant yoga session in April 2017. The exclusive yoga session was conducted by Mr. Augustine Joseph, Yoga Instructor at Buhairah Yoga Group and YogaFestME 2014 & 2015. With 250+ attendance for the yoga session, the community out did the previous event and once again set an example on how to lead to healthy life.



## SCREEN AND SURVIVE COLORECTAL CANCER CAMPAIGN

Zulekha Hospital has launched the second edition of colorectal cancer awareness campaign – Screen and Survive at JW Maquis Hotel, Dubai in February 2017. The campaign is aimed to challenge the taboos surrounding colorectal (colon) cancer and to help save lives across the UAE. In line with Dubai Government's 2017 'Year of Giving', this year's campaign carried the message to 'screen early and live longer' to beat colorectal cancer by offering a free consultation to promote regular checks for early detection and to educate the wider public about the screening process that can eliminate the disease.

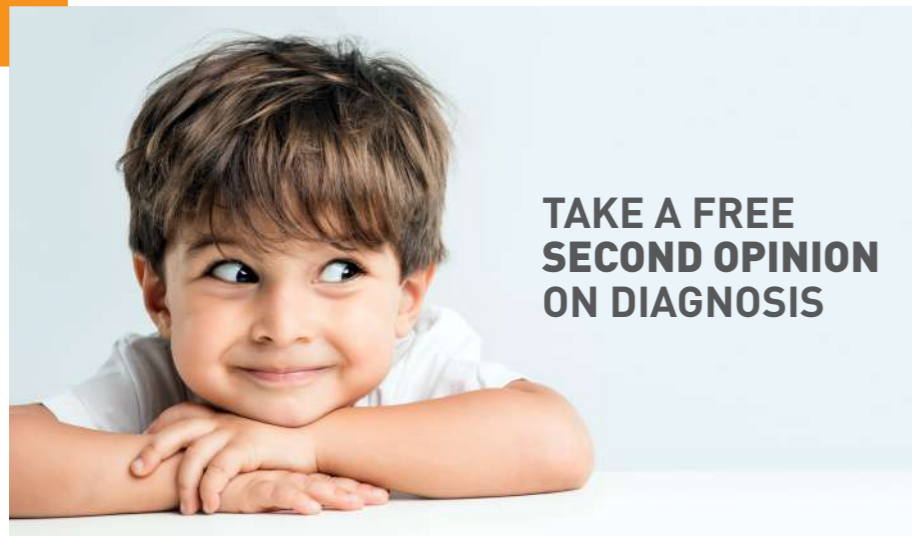
The launch event was graced by Dr. Robert S Warren, Professor Department of Surgery, Chief of Surgical Oncology, UCSF, Dr. Adil Daud, Professor, Hematology- Oncology, Director- Melanoma Program University of California, Francisco, USA and other renowned health professionals in the community.

## CHANCE TO CHANGE CERVICAL CANCER CAMPAIGN

Zulekha Hospital launched the fourth edition of the cervical cancer awareness campaign – 'Chance to Change' at W Hotel, Dubai in May 2017. In line with Dubai Government's 2017 'Year of Giving', this year's campaign carried the message to 'make the first move' to beat cervical cancer by offering a free consultation to promote early detection, vaccination, and prevention of the disease.

The launch event was graced by Dr. Yaser Al Nuaimi, Expert Advisor for Medical Facility Field & Consultant Paediatrician, Ministry of Health and Prevention, Ms. Sara Al Madani, Board Member at Sharjah Chamber of Business and Industry along with Dr. Pamela Munster, Professor, Department of Medicine (Haematology/Oncology) at University of California in San Francisco and other renowned health professionals in the community.





## TAKE A FREE SECOND OPINION ON DIAGNOSIS

### EXPERTS FOR ASSURANCE SECOND OPINION CAMPAIGN

A second opinion could change your diagnosis and treatment options as some of the life-changing medication can have physical, emotional and financial after effects. In a bid to reassure patients on their diagnosis and evaluate the efficacy of certain medical treatments or procedures, Zulekha Hospital launched first of its kind 'Free Second Opinion' which offers free consultation with specialists.

The hospital presently offers free second opinion consultations for various medical conditions related to cardiology, oncology, gynaecology and major surgical procedures.



### ZULEKHA HOSPITAL'S LASIK DEPARTMENT TURNS ONE!

Zulekha Hospital takes immense pleasure in announcing the completion of one year since the LASIK Department has been operational. Congratulations to the team on a successful journey over the last year. The LASIK procedure has successfully changed the lives of more than 300 patients in the last one year.



### ZULEKHA HOSPITAL'S NEW MEDICINE AND MEDICAL EQUIPMENT STORE LLC

Zulekha Hospital expands operations of Zulekha Medicine and Medical Equipment Store LLC in March 2017. The store first launched about two years ago has been certified by DAS Quality Management Systems in compliance with the ISO 9001:2005 standards that authorise the store for warehousing of medicines, cosmetics, orthopaedic accessories and medical equipment store keeping and store supervision.



### ZULEKHA HOSPITAL SIGNED MOU WITH FRIENDS OF PATIENT SOCIETY, AJMAN

Zulekha Hospital officially signed a Memorandum of Understanding (MOU) with Friends of Patient Society, Ajman in April 2017. The signatories for the signing were HE Hamad Obaied Taryam Al Shamsi, Chairman of Friends of Patients Society Ajman & Director of Ajman Medical District and Mr. Taher Shams, Managing Director of Zulekha Healthcare Group. Together, the two organisations will collaborate in various charitable healthcare initiatives for the community as part of Dubai Government's 2017 Year of Giving.



### ZULEKHA HOSPITAL HONOURED AMONG THE TOP 10 BUSINESSES AT THE SEEN AWARDS

Zulekha Hospital honoured among the Top 10 Businesses at the Sharjah Economic Excellence Network Awards (SEEN) by Sharjah Chamber of Commerce in January 2017. Dr. Zulekha Daud, Founder and Chairperson, Zulekha Healthcare Group received the award as recognition for following the Excellence Model of the European Foundation for Quality Management (EFQM) a comprehensive management framework used by organizations across the world.



### ZULEKHA HOSPITAL HONOURED WITH THE PRESTIGIOUS MRM BUSINESS EXCELLENCE AWARD

Zulekha Hospital was honored with the prestigious Mohammed Bin Rashid Al Maktoum Business Excellence Award in February 2017. Dr. Zulekha Daud, Founder and Chairperson, Zulekha Healthcare Group received the award from HH Sheikh Maktoum bin Mohammed bin Rashid Al Maktoum, Deputy Ruler of Dubai, and the Chairman of Dubai Media Incorporated.



**ZULEKHA HOSPITAL HONOURED WITH DUBAI CHAMBER CSR LABEL AWARD**

Zulekha Hospital received the Dubai Chamber CSR Label Award for the fourth consecutive year in February 2017. The Dubai Chamber of Commerce and Industry recognised the sustainable operations and community initiatives by the organisation.



**ZULEKHA HOSPITAL HONOURED WITH THE PRESTIGIOUS EDITOR'S CHOICE AWARD**

Zulekha Hospital was honoured with the prestigious Editor's Choice Award at 8th Network World Middle East Awards 2017 in March 2017. This award recognises and celebrates the organisation's implementation of technology innovations that produced measurable results in enabling the success of their businesses.

**ZULEKHA HOSPITAL HONOURED WITH PARTNERS AWARD BY DCAS**

Zulekha Hospital was honoured with Partners Awards by Dubai Corporation for Ambulance Services (DCAS) in May 2017. Dr. Zia ur Rahman Shah, Director – Administration and his team received the award from H.E. Khalifa Hassan Al Darai, CEO of Dubai Corporation for Ambulance Services for the organisation's contribution and support.



**SPECIAL APPRECIATION AWARD BY DDED**

Dr. Zulekha Daud received the Special Appreciation Award at the Health Awards by Dubai Department of Economic Development in association with the HEALTH magazine in January 2017. His Excellency Humaid Obeid Al Qutami, Chairman of the Dubai Health Authority, along with His Excellency Sami Dhaen Al Qamzi, Director General of the Dubai Department of Economic Development presented the honour to Dr. Zulekha Daud.



**THE NEXT GENERATION TOP INDIAN LEADERS AWARD BY FORBES MIDDLE EAST**

Mr. Taher Shams, Managing Director of Zulekha Healthcare Group was honoured on the list of "The Next Generation Top Indian Leaders" by Forbes Middle East in May 2017. H.E Mr. Vipul, Consul General of India in UAE presented the award to all Top Indian Leaders on the Forbes Middle East lists and their founders who have humble beginnings and built their empires over decades of hard work and successful expansions, passing on the legacy to their next generations.

**DUBAI QUALITY GROUP HONOURS DR.ZULEKHA DAUD**

Dr. Zulekha Daud was honoured with the Emirates Women Award 2017 by Dubai Quality Group - DQG as an Overall Winner in the Business Category. Dr. Daud's accomplishments and contributions to the UAE were highly appreciated and applauded.



**CFO OF THE YEAR BY CFO MIDDLE EAST AWARDS**

Mr. Siraj Master, Director of Finance, Zulekha Healthcare Group was honoured as 'CFO of the Year' in Healthcare Category at the Annual CFO Middle East Awards in January 2017. This award was given in recognition to organisations and individuals who have shown outstanding performance and leadership in the field of finance across industry sectors including healthcare.



*Key Meetings*

Dr. Zulekha Daud extended her best wishes to **Salah bin Butti Al Muhairi on being designated as Advisor to Directorate of Sharjah Survey and Town Planning and Khalid bin Butti Al Muhairi on his appointment as the Chairman of the Directorate of Sharjah Survey and Town Planning** in January 2017.



**TOP IT LEADER BY CNME CIO 100 AWARDS**

Mr. Aliasgar Bohari, Director of IT, Zulekha Healthcare Group was honoured among top IT leaders at the third annual CNME CIO 100 Awards in January 2017. The forum recognised information technology and transformation leaders who have excelled in implementing innovative technologies and strategies to accelerate business growth.



Mrs. Zanubia Shams, Co-Chairperson of Zulekha Healthcare Group participated in the prestigious FT/IFC Transformational Business Day event in February 2017. As one of the key speakers among a panel of entrepreneurs, she spoke on the importance of 'creating new business by catalyzing finance and disruptive business models'. The Transformational Business Day is about raising awareness of private sector led transformative business solutions that resolve critical development challenges in financially viable ways.

**CATALYST CIO BY CATALYST AWARDS 2017**

Mr. Aliasgar Bohari, Director of IT, Zulekha Healthcare Group was honoured with the prestigious Catalyst CIO in Healthcare Award at the Catalyst Awards 2017 in March 2017. This award recognises his efforts as a catalyst of change as an IT decision maker. During the award ceremony, Mr. Aliasgar was also awarded "The Titans Badge of Honour" among top 50 CIOs by the Titans magazine.



Management was honoured to host **HE Dr. Amin Al Amiri, Asst. Undersecretary of Public Health Policy and Licensing, Ministry of Health & Prevention** at Zulekha Hospital, Sharjah in February 2017. His Excellency set an excellent example of the practice of healthy living by taking the stairs, visiting all floors and engaging with staff from different departments. The meeting was a vital opportunity for public-private sector stakeholder's engagement.



Mr. Taher Shams, Managing Director and Mrs. Zanutia Shams, Co-Chairperson of Zulekha Healthcare Group met and welcomed **HE Mr. Vipul, Indian Consul-General in Dubai**, who resumed office as the new Indian Consul-General in Dubai in April 2017 and also attended an exclusive private meeting hosted by the Indian Business Leaders Forum and the India Trade and Exhibition Centre. The meeting facilitated strategic discussions on the Indo-UAE health care system, recent developments, the presence and contributions of the group's Alexis Multispeciality Hospital in Central India.



Zulekha Hospital Executive Management team including Dr. Ramesh Raju, Senior Director Administration, Sharjah; Mr. Aliasgar Bohari, Director IT and Mr. Gururaj Rai, Director Marketing, extended best wishes during the auspicious month of Ramadan to **HE Dr. Amin Al Amiri, Asst Undersecretary of Public Health Policy and Licensing, Ministry of Health & Prevention** in June 2017.



Mr. Taher Shams, Managing Director and Mrs. Zanutia Shams, Co-Chairperson of Zulekha Healthcare Group met and welcomed **H.E. Navdeep Singh Suri, Ambassador of India to the UAE** in April 2017. The meeting facilitated strategic industry discussions and strengthened the Indo-UAE relations.

## Exhibitions

### ARAB HEALTH EXHIBITION

Zulekha Hospital participated in the Arab Health Exhibition at Dubai International Convention & Exhibition Centre between 30 January and 2 February 2017.



Mr. Taher Shams, Managing Director of Zulekha Healthcare Group visited **Major General Abdullah Khalifa Al Marri, Commandant General of Dubai Police** at the Dubai Police Head Quarters. Both organisations will continue to work together on spreading awareness on health issues and carrying out medical camps in the best interest of the communities.



### INTERNSHIP AND CAREER FAIR BY UNIVERSITY OF SHARJAH

Zulekha Hospital actively participated in the Internship and Career Fair hosted by University of Sharjah in April 2017. The event aimed to encourage young local talents to come forward and enroll for internships in their area of specialisation. Prof. Mahmoud Darabseh, Dean of Students' Affairs presented a certificate of appreciation and gratitude to Zulekha Hospital for the contribution to the success of Internship and Career Fair 2017.



### WORLD KIDNEY DAY

On the account of World Kidney Day, Zulekha Hospital, Sharjah welcomed Patient's Friends Committee in March 2017 to spend time interacting with the dialysis patients, understanding their experiences and gifting them. Mr. Mohammed Abdulla Jodhar, CEO of Patients Friends Committee and Dr. Rasheed Kasem, Vice President of Dubai Police Clinic expressed their heartfelt gratitude to Zulekha Hospital for the services being offered with utmost care to the patients.



### UAE MOTHER'S DAY

Zulekha Hospital, Dubai and Sharjah celebrated UAE Mother's Day by surprising all the new mothers' who gave birth on that special day in March 2017. The mothers were overwhelmed to receive flowers and cakes on the occasion. This special celebration was to recognise and salute motherhood, and all the sacrifices a mother makes to bring her child into this world.

### EARTH HOUR

In a bid to shine a light on climate action on the planet, Zulekha Hospital observed 'Earth Hour' in March 2017. Both the facility at the Sharjah and Dubai conducted a candlelight vigil as part of the hospital's Earth Friends for Optimum Results Tomorrow (EFFORT) initiative. Zulekha Hospital has actively implemented activities that are focused on Energy Conservation since establishing EFFORT in 2008.



### WORLD AUTISM AWARENESS DAY

On the account of World Autism Awareness Day, Zulekha Hospital supported Global Autism Awareness Festival and Walk initiated by Child Early Intervention Medical Center in April 2017.

### WORLD NURSES DAY

On the account of World Nurses Day, Zulekha Hospital celebrated the unsung heroes of the hospital for their undying care, compassion and support in May 2017. The theme for this year was 'A Voice to Lead'. The day was filled with competitions, group discussions, inspiring speeches and many more exciting activities.



### WORLD ENVIRONMENT DAY

On the occasion of World Environment Day, Zulekha Hospital staff along with top management members planted saplings around the premises in June 2017. In a bid to promote Green Travel, ten deserving employees of the hospital were gifted bicycles to help with their travel needs.





### ANNUAL DOCTORS' PARTY

Staff members from Zulekha Hospital Dubai and Sharjah got together over a cheerful evening at the Doctors' Party in January 2017. The party was hosted at the Waldorf Astoria Hotel, Dubai Palm Jumeirah. Internal and visiting doctors took the opportunity to meet and network while enjoying the evening filled games and fun activities.



### GRAND RAMADAN IFTAR

Zulekha Hospital conducted a grand Ramadan Iftar in June 2017. The get-together was hosted at Armani Hotel, Dubai. The event was graced by HE Mr. Vipul, Consul General of India in UAE and Dr. Layla Al Marzouqi, Director Dubai Medical Tourism Project, DHA, HE Khalifa Hassan Aldrai, Executive Director Dubai Corporation Ambulance Services along with other medical professionals, corporate partners, media partners and guests from healthcare authorities.

### HAPPY EMPLOYEES

Human Resources at Zulekha Hospital encourage and inculcate a positive and motivating working environment with 'birthday greetings' and 'thank you' notes handed out as a practice by all teams in the organisation. The feeling of belonging to the Zulekha family with greetings from colleagues and team members and instant, spontaneous recognition for exemplary work all year round with appreciation is heartening. The initiatives have established a culture and an environment in which staff feel valued.



### ZULEKHA FAMILY IFTARS

During Ramadan, teams at both Zulekha Hospital Dubai and Sharjah facilities got together over a happy, refreshing evening of Iftar, enjoying favorite delicacies and happy moments with colleagues and management members.



### BABY GIRL BORN AT 22 WEEKS, WEIGHING 600 GRAMS, NOW THRIVING AND GROWING EVERY DAY

A baby girl born at only 22 weeks to Kuwaiti parents, who were in the UAE on a short break in January 2017, is now growing healthier every day. Baby Noura was classed as an extremely preterm baby when she was born at Zulekha Hospital, Sharjah, weighing only 600 grams – less than a litre of water. Three months on from her premature birth on 30 January, the baby weighed just over 1.5 kilograms and made steady progress while at Zulekha Hospital.





**LOWER BACK PAIN SHOULD NOT BE IGNORED**

Severe pain in the lower back coupled with increasing numbness in lower limbs are not symptoms to be ignored as they could indicate a crippling condition leaving the patient paralysed from the waist down. This is the advice of Dr. Rahul Shivadev, specialist orthopaedic surgeon at Zulekha Hospital, who performed a complex surgery on a UAE patient after diagnosing the rare condition called Cauda Equina Syndrome (CES). Following the surgery, the severe pressure on the patient's spinal cord was alleviated allowing her to regain control of her limbs, bowel and bladder.

**LOCAL HEART SURGEON FIRST IN UAE TO USE RARE TECHNIQUE**

Dr. Anil Bansal, Consultant Interventional Cardiologist at Zulekha Hospital, Dubai has become the first in the UAE to perform a coronary surgery using a unique and rare technique involving a surgical drill. Completed only six times across the globe, the rotablation angioplasty procedure was performed on the patient Mr. Shrikumar Nedungadi, a UAE resident who had been experiencing shortness of breath, and upon examination, he was diagnosed with advanced coronary heart disease that put him at risk of a heart attack. After the successful procedure, the patient was discharged from the hospital only one day after the surgery and is currently doing well.



# A LIFE WITHOUT GLASSES AND LENSES

Get back to good life with LASIK and ReLEx SMILE procedures at **Zulekha Hospital**





Chance to Change, a cervical cancer awareness camp was conducted at Al Halabi Refrigeration & Kitchen Equipment in May 2017



Chance to Change, a cervical cancer awareness camp was conducted at School Transport Services LLC in May 2017



Chance to Change, a cervical cancer awareness camp was conducted at Sharjah Ladies Club in February 2017. The camp was headed by Dr. Adil Daud, Professor, Oncology Director and Dr. Robert Warren, Professor, Surgery, Surgical Oncology at the University of California, Dr. Rham Zeki, Specialist Oncologist, Zulekha Hospital, Sharjah.



Chance to Change, a cervical cancer talk was conducted at RAK Ceramics in April 2017. Dr. Nusrat Hassan (Gp) addressed the employees on how to prevent cervical cancer amongst women of various age groups.



Chance to Change, a cervical cancer talk was conducted at GEMS school, Dubai in May 2017. Dr. Sunita Dilip Ghike, Specialist Obstetrics & Gynaecology addressed the employees on how to prevent cervical cancer amongst women of various age groups.



Chance to Change, cervical cancer awareness camps were conducted at various corporates like GEMS modern academy, GEMS HQ, UTC, Dubai American Academy, Electra, GEMS Wellington academy and Ramcoll Middle east.



Zulekha Hospital, Dubai in association with Government of Dubai and Dubai Health Authority successfully executed blood donation camp in April 2017. Zulekha Hospital through such CSR events encourages community members to realise the value of giving and experience the joy in standing out to help.



Zulekha Hospital, Sharjah in association with Ministry of Health & Prevention and Sharjah Blood Transfusion and Research Center successfully executed blood donation camp in March. Zulekha Hospital through such CSR events encourages community members to realise the value of giving and experience the joy in standing out to help.



Zulekha Hospital conducted Health awareness talk for Thaiparamba Pravasi Association in March 2017. Dr. Rajan Maruthanayagam Specialist interventional cardiologist addressed the people about Cardiac wellbeing while Dr. Elizabeth Mathew, Dietician explained the importance of healthy diet.



ECG Checkup Camp for Metro staff (Serco) on 21st January 2017. During the Camp Dr. Jai Deep (Gp), provided free consultations.



Health awareness talk for American College of Dubai on 15th March 2017. Dr. Arif Adenwala, Specialist Ophthalmologist addressed the Student about Lasik and followed by Basic Eye Checkup.



Mrs. Bintamol Prathyush (Dietician), Zulekha Hospital Dubai, conducted an awareness talk at the Gulf Madhyamam Edu Cafe" 2017. Bliwa Indian School in Al-Qusais in February 2017.



Zulekha Hospital partnered with RTA & Castrrol to create awareness on the mandatory use of car seats for the infants in June 2017. The campaign highlighting the significance of the car seats is led by Castrrol MAGNATEC. 15 new parents in Zulekha Hospital Dubai received free car seats (Size: 0-12mths), to ensure that their little one rides safely, every day.



Health Checkup Camp for Bohra Community at Al Madina Cricket Stadium, Sharjah on 27th January 2017. During the camp, Dr. Mohammed Nayyar (GP), provided free consultations.



Health Checkup Camp followed by ECG, Blood sugar, BMI and basic eye checkup for Sharjah Police officers at Ministry of Interior on 7th March 2017.



Health Checkup Camp for Dewan Al Mairi walking in Al Wast on 7th March 2017.



Health awareness talk and health checkup Camp followed by ECG, Blood sugar, BMI, Smoking test and basic eye checkup for Sharjah Aviation Authority on 17th April 2017. Dr. Arif Adenwala Specialist Ophthalmologist addressed the people about Lasik. Dr. Rupesh Singh Specialist interventional cardiologist addressed the people about Cardiac wellbeing



ECG Checkup Camp for FEWA (Federal Electricity & Water Authority) in Dhaid on 28th February 2017. During the Camp Dr. Nayyar (GP), provided free consultations. Dr. Mohammed Enad provided free consultations and basic eye checkups.



Health Checkup Camp followed by ECG, BP, Blood sugar and BMI for Paris Gallery on 15th March 2017. During the Camp Dr. Rajesh G. Nair (GP), provided a free consultation.



Health Checkup Camp followed by BP, Blood sugar and BMI test for Hi-Tech Labor camp on 1st June 2017



Health checkup Camp at Dubai Police on 7th & 8th May 2017. The Ceremony was inaugurated by Major General Mohammed Saeed Bakheet, Director of Public Administration and Equipment- Dubai Police

# HAPPINESS IS SHOWERING YOUR LOVED ONES WITH PLEASANT SURPRISES.



Our commitment to providing compassionate care has been well received in the heart of India. We are extremely happy as we surprise our loved ones with the next level of healthcare at Alexis Multispeciality Hospital, Nagpur. Bolstered by a team of highly experienced medical professionals and advanced treatment and diagnostic facilities, we envision being a trusted partner in their happiness and wellbeing.



## CENTERS OF EXCELLENCE

- Cardiac Sciences • Neuro Sciences • Orthopedics & Joint Replacement
- Cancer Care & Radiotherapy • Anaesthesia & Critical Care • Minimal Invasive Surgery
- Mother & Child Care • Urology & Nephrology • Gastroenterology • Radiology
- Pathology • Nutrition & Lifestyle Management

Alexis Multispeciality Hospital is a part of Zulekha Hospital.

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[www.alexishospital.com](http://www.alexishospital.com)



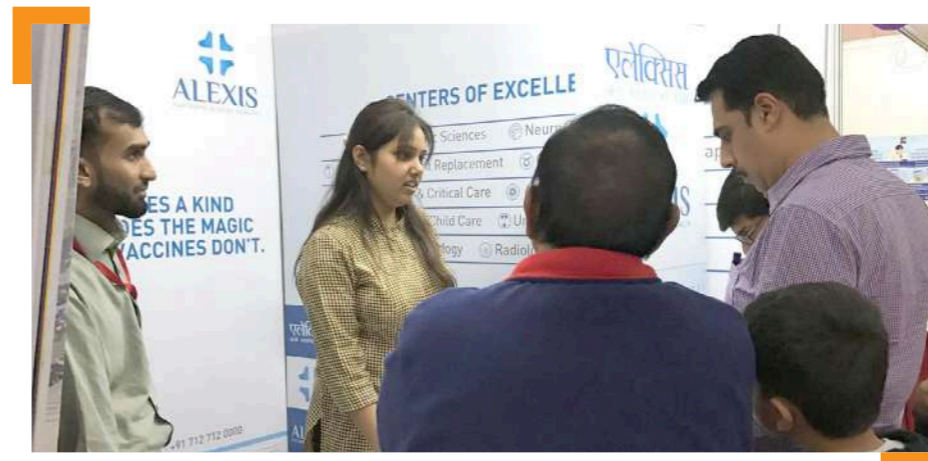
## RADIATION THERAPY UNIT LAUNCHED AT ALEXIS MUTIPECIALITY HOSPITAL

Alexis Multispeciality Hospital launched the Radiation Therapy unit equipped with India's most advanced therapy systems at the hospital in April 2017. The honourable dignitaries who inaugurated the unit included Padmashree Dr. Vikas Mahatme - Member of Rajyasabha, Shri Ajay Sancheti - Member of Parliament, Shri Chandrashekhar Bawankule - Minister of Energy, New and Renewable Energy Maharashtra State and Guardian Minister - Nagpur District and Shri Sudhakar Rao Deshmukh - Member of Legislative Assembly - Nagpur West along with leadership and employees of the hospital. The dignitaries highly appreciated the opening of these high-end healthcare services to the residents of Central India.



## BACCHON KI DUNIYA

Alexis Multispeciality Hospital participated in Bacchon Ki Duniya, an exclusive three days exhibition for Kids organised by Pure Soul Entertainment in association with The Hitavada Twinkle Club from 3rd February to 5th February at Chitnavis Centre, Civil Lines, Nagpur. The exhibition was inaugurated at the hands of Collector Sachin Kurve. The basic theme behind organising the exhibition was to cater all the requirements related to kids under one roof. The expo had various stalls including children's health. Alexis Multispeciality Hospital was the exclusive participant in the health section. More than 8000 parents along with their kids attended this exclusive expo.



## TIMES HEALTH AND AUTO EXPO

Alexis Multispeciality Hospital participated in TIMES Health and Auto Expo at IWWA Hall, Nagpur. The event was organised by The Times of India between 27th to 29th January and witnessed a footfall of more than 2000 delegates who were interested to know about the latest in the fields of Health and Automobiles. Alexis Multispeciality Hospital was an exclusive participant amongst the corporate hospitals.





### ONCOLOGY SUMMIT 2017

Alexis Multispeciality Hospital in collaboration with Indian Medical Association organised an extravagant Oncology Summit 2017 in May this year. This was the first regional level medical conference on Management of Testicular Tumors. Dr. Amit Joshi, Professor-Medical Oncology, Tata Memorial Hospital, Dr Ganesh Bakshi, Professor - Surgical Oncology, Tata Memorial Hospital, and Dr. Shyam Kishore Shrivastava, Ex-Professor and HOD, Tata Memorial Hospital along with the IMA team were the guests of honour at the summit.



**Mr. Anup Kumar - Hon. Divisional Commissioner, Nagpur City** visited Alexis Multispeciality Hospital. Hon. DC praised the quality standards of Alexis Hospital. He underwent a full body checkup and was highly impressed with the International Quality Healthcare Facility being made available for the citizens of Central India.



### CHANCE TO CHANGE CERVICAL CANCER CAMPAIGN

Alexis Multispeciality Hospital launched its first edition of cervical cancer awareness campaign - 'Chance to Change' in May 2017. This year's campaign carried the message to 'make the first move' to beat cervical cancer by offering a free consultation to promote early detection, vaccination, and prevention of the disease. The launch event was graced by the group's cause ambassador Dr. Pamela Munster, Professor, Department of Medicine (Haematology/Oncology) at University of California in San Francisco and other renowned health professionals in the community.



Alexis Multispeciality Hospital hosted 13 homeopath doctors from Amaravati. The visit kicked off with the detailed facility presentation by Mr. Suraj Tripathi, Director Operations followed by an elaborate group discussion with Alexis consultants. Dr. Abhijeet Deshmukh (Gastroenterologist), Dr. Manoj Pethe (Pulmonologist), Dr. Alankar Ramteke (Joint Replacement Surgeon), Dr. Nishant Deshpande (Nephrologist), Dr. Nitin Wadaskar (Internal Medicine) participated in the discussion. It concluded with an in-depth facility tour.



### SAIFI EXPO

Alexis Multispeciality Hospital participated in Saifi Expo organized at Tirpude College Ground, Nagpur. The event was organised by the Bohra community and was graced by the presence of Maulana Sahab between 10th to 11th January and witnessed a footfall of more than 600 delegates at Alexis Stall to avail free RBS, BP, BMI and consultation.

Alexis Multispeciality Hospital was pleased to welcome **Dr. Taniya Manmohan, Gastroenterologist and Dr. James Thomas, Radiologist from England** for a facility visit. They were accompanied by Dr. Shrikant Ambalkar, Clinical Microbiology & Infection Director from Sherwood Forest Hospitals, NHS Foundation trust. Dr. Jatinder Arora, Director Administration and Mr. Suraj Tripathi, Director Operations along with Dr. Abhijit Deshmukh, Gastroenterologist accompanied the guests. In comparison to facilities and infrastructure setup seen abroad, they appreciated the Alexis setup which was as per their international standards.

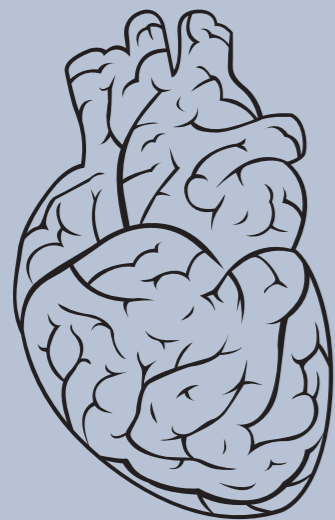




**Mr. Umesh Yadav, Indian cricketer** who currently plays for Vidarbha cricket team and Indian national team, visited Alexis Multispeciality Hospital, Nagpur.



Alexis Multispecialty Hospital hosted a group of Orthopaedicians and Radiologists from the city of Nagpur. The team of professionals engaged in discussions on various MRI scans done at the hospital, sharing their opinions and best practices. The visit concluded with a tour of the hospital for the doctors.



### HEART CARE BEGINS RIGHT IN YOUR MIND.

It is important to have regular heart checkups to lead a happy life. Walk-in to Alexis Hospital to take the first step towards your cardiac well-being.

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### WORLD KIDNEY DAY

On the account of World Kidney Day, Alexis Multispeciality Hospital hosted a social awareness program on Prevention and Management of Kidney Diseases on 5th March 2017. The program was attended by 32 kidney patients who were undergoing treatment for Renal ailments. Dr. Nishant Deshpande - Consultant Nephrologist addressed the audience for Preventive aspects of Renal diseases as well as the modern treatment modalities which are available at Alexis Multispeciality Hospital. Dr. Juned Shaikh - Consultant Urologist was also present for the program. Ms. Nazneen Siddiqui along with Ms. Radhika guided the audience on proper nutritional planning and its importance in the management of kidney diseases.

### WORLD ENVIRONMENT DAY

On the account of World Environment Day, Alexis Multispeciality Hospital took the opportunity to plant sapling within the Hospital premises., Mr. Suraj Tripathi, Director Operations along with all the employees of Alexis coordinated the tree plantation and also gifted bicycles to staff for the ease of their commute to and from the workplace.



### WORLD CANCER DAY

Alexis Multispeciality Hospital celebrated World Cancer Day which was attended by 30 cancer survivors from the town. 'History, Mystery & Victory over Cancer' & 'Myth & Facts about Cancer' were the topics taken up by Dr. Amol Dongre & Dr. Suraj Agrawal to educate the audience.





### WORLD NURSES DAY

On the account of World Nurses Day, Alexis Multispeciality Hospital celebrated the unsung heroes of the hospital for their undying care, compassion and support in May 2017. The theme for this year was 'A Voice To Lead'. The day was filled with competitions, group discussions, inspiring speeches and many more exciting activities.



### CME ON ORTHOPAEDICS & GASTROENTEROLOGY

Alexis Multispeciality Hospital hosted Synapse, a Continuing Medical Education on Orthopaedics & Gastroenterology at Balaghat, Madhya Pradesh. The synapse was organised in Association with Indian Medical Association, Balaghat. 38 eminent consultants of Balaghat attended the Synapse. Dr. Alankar Ramteke - Fellowship Trained Joint Replacement Surgeon and Dr. Abhijit Deshmukh - Interventional Gastroenterologist shared their respective experience in their clinical fields. Dr. Alankar Ramteke delivered a lecture on management of Osteo Arthritis while Dr. Abhijit Deshmukh discussed Upper GI Bleed and its clinical management. All doctors were delighted to know about the World-class Healthcare facilities being available at an affordable cost for all their patients.



### INTERNATIONAL YOGA DAY

Alexis Multispeciality Hospital joins the global celebration of International Yoga Day and organised an exclusive yoga session in line with the theme 'Yoga for Health'. Following the theme, Alexis Multispeciality Hospital in association with Janardhanswami Yogabhyasi Mandal, Nagpur organised an exclusive Yoga session in the calm and serene environment of the Hospital. Everyone stretched and twisted together, under the guidance of Dr. Aniruddha Guljarwar, yoga teacher, who was accompanied by Mr. Milind and Ms. Aditi Mishra. The participants at the event enthusiastically performed the Yoga and realised the importance of a healthy lifestyle.



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### CME ON CARDIOLOGY

Alexis Multispeciality Hospital hosted Synapse, a Continuing Medical Education on Cardiology at Chhindwara, Madhya Pradesh. The SYNAPSE was organised in association with Indian Medical Association, Chhindwara. Dr. Rishi Lohiya - Interventional Cardiologist at Alexis Multispeciality Hospital delivered a clinical lecture on 'Approach to Hypertension' for all the eminent Physicians who attended the conference. The interactive session was attended by 47 leading consultants of Chhindwara. All the dignitaries were happy to know about the quality healthcare services available for all their patients at an affordable cost at Alexis Multispeciality Hospital, Nagpur.

## CME ON APPROACH TO BREATHLESSNESS

Alexis Multispeciality Hospital hosts a Synapse, a Continuing Medical Education on 'Approach to Breathlessness' as part of their continuing medical education for the Medical Practitioners. 51 Senior Members of Homoeopathic Integrated Medical Practitioners Association, Maharashtra (HIMPAM) attended the Clinical Session. Dr. Manoj Pethe - Consultant Pulmonologist shared his clinical experience of successfully treating patients with complaints of Breathlessness. Dr. Jatinder Arora - Director Administration briefed the audience about the world class facilities available at Alexis Multispeciality Hospital, Nagpur who were delighted to see what was being offered at an affordable cost for all their patients. Dr. Sanjay Sahare - President, HIMPAM closed the session with a vote of thanks to all.



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## HEALTH TALK AT JCI ORGANGE CITY

Alexis organised a health awareness camp & wellness Session at the hospital premises for the esteemed members of JCI Orange City. The wellness session was on Nutrition and Lifestyle Management which was attended by 53 JCI members along with CA Ajay Vaswani, President JCI Orange City. The attendees gained knowledge on routine lifestyle management along with a facility tour.



## CARDIOLOGY CHECKUP CAMP

Alexis Multispeciality Hospital organised a free cardiac checkup camp for early detection and proper treatments on June 9th and 10th at the hospital premises in Nagpur. The camp was conducted along with Dr. Mohammad Khalilullah, Interventional Cardiologist who is a Padma Shri and Padma Bhushan award holder. For over 18 years during the sacred month of Ramadan, Dr. Khalilullah has been organising this free health checkup camp for the citizens of Central India. The cardiac checkup camp also offered free tests of RBS, ECHO/TMT, ECG, from the free cardiac consultation, medicines were provided free of cost to the patients who were also given appropriate consultation for further treatment.



## HEALTH TALK AT HDFC

Alexis Multispeciality Hospital organised a Wellness session for HDFC premium customers on Management of Hypertension and Nutrition & Lifestyle Management. **Dr. Shoeb Nadeem, Consultant-Interventional Cardiologist** addressed the audience with tips on daily lifestyle management.





### RESPIRATORY HEALTH CHECKUP

Alexis Multispeciality Hospital hosted a Respiratory Health Checkup camp for patients suffering from Asthma, Allergy, TB, COPD and other respiratory diseases. 54 patients with acute or chronic respiratory ailments were benefitted by this initiative. Dr. Manoj Pethe - Consultant Pulmonologist examined the patients and gave his expert advice. The initiative was supported by Lupin Pharmaceuticals Limited.



### HEALTH CAMP AT KHAMLA

Alexis Multispeciality hospital conducted a complementary health checkup camp for the citizens of Central Excise Layout at Khamla, Nagpur. More than 124 citizens actively took part in the initiative. Most of the senior citizens who required continuous medical attention for their geriatric oriented medical problems were seen and advised on all their medical queries.

### HEALTH CAMP AT SURABURDI

Alexis Multispeciality Hospital hosts a Health Checkup camp at 'Vann Bhojan', an event organized by Maheshwari Panchayat, Suraburdi, Nagpur. Total 738 Maheshwaris from varied business communities actively participated in this annual event which marked the beginning of new year 2017 events. 328 out of 738 Maheshwaris have benefitted by this camp. Dr. Rishi Lohiya - Interventional Cardiologist appraised the audience on some preventive aspects of heart diseases.



### HEALTH CAMPA AT POLAR WORLD SCHOOL

Alexis Multispeciality Hospital conducted Health Checkup camp for school children of Podar World School as part of their School Health Program. The checkup involved the complete anthropometry for all the children along with special clinical counseling by Dr. Bhaskar Gupta and his team members Dr. Shweta & Dr. Pathan. 117 students of primary classes attended the camp on the first day. The health awareness initiative was spearheaded by the principal of Podar World School Shri Ganesh Thavre and supported by all the teachers of Primary School.



### HEALTH CAMP AT HAZARIPAHAD

Alexis Multispeciality Hospital conducted a complementary health checkup camp for the residents of Hazaripahad, Nagpur. The program was organized by Krantiurja Sarwajanik Wachanalaya, Nagpur. The event was part of the community initiatives of Alexis Multispeciality Hospital. More than 170 citizens actively took part in the initiative and got benefitted. Most of the senior citizens who required continuous medical attention for their geriatric-oriented medical problems were very happy to receive proper counseling for all their medical queries.



### HEALTH CAMP AT MSETCL

Alexis Multispeciality Hospital conducted a Preventive Health Checkup camp for the executive members of Maharashtra State Electricity Transmission Company Limited. Mr. S D Aney - Superintendent Engineer of MSETCL along with his 115 executive members attended this preventive health checkup camp. Dr. Nitin Wadaskar - Consultant Physician extended his expert clinical opinion to all the members and checked their basic vital parameters. Dr. Amit Ghatge - Consultant ENT Surgeon also counseled some of the members who required special clinical counseling and advice. All the members were happy to witness the world class facilities now available in their nearest vicinity at Alexis Multispeciality Hospital.



### HEALTH CAMP AT KASTRUCHAND PARK

Alexis Multispeciality Hospital hosts a health camp in association with Gurudwara Gurunanak Darbar Committee on the occasion of 350 Prakash Parv at Kastruchand Park, Nagpur. 318 disciples benefitted by this health checkup camp. Shri Kulvinder Pal Singh Sabharwal – General Secretary of the committee along with Shri Harmohan Singh Kohli – President of the Committee appreciated the arrangements made for the Health checkup camp. The team of Specialists from Alexis Multispeciality Hospital extended their clinical counselling to patients.



### HEALTH CAMP AT AMARAVATI

Alexis Multispeciality Hospital in association with BRSS, Badnera organised a free health checkup camp at Pujya Sindhi Panchayat, Amravati. The free health checkup was availed by 250 people from the town. Exclusive health coupons were also distributed to participants.



### HEALTH CAMP AT HDFC

Alexis organised health checkup camps at around 30 branches of HDFC. Free RBS, BP, BMI tests were offered along with discounted health coupons and consultation with the medical officer.

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